

Core Competency & Learning Objectives	Activity	CR? (R/K/N)	Doc? (Y/N)	Peer Consult.	Practice Outcome	Prof. Activities	Board Rep.	Sup. Candidates	Sup. Grad.	Conf./ Conv.	Academic Course	Instr- uction	Pub./ Sub.	Wkshp/ Webinar	Self- Directed	Board Cert.
	evidence-based CBT and ACT approaches.															
	Self-Directed Learning — Read: Hayes, S.C. (2019). A Liberated Mind, selected chapters. 1 hour.	N	Y												1	
Intervention & Treatment Subtotals:																

Core Competency 3: Research

Core Competency & Learning Objectives	Activity	CR? (R/K/N)	Doc? (Y/N)	Peer Consult.	Practice Outcome	Prof. Activities	Board Rep.	Sup. Candidates	Sup. Grad.	Conf./ Conv.	Academic Course	Instr- uction	Pub./ Sub.	Wkshp/ Webinar	Self- Directed	Board Cert.
No objectives set this year. Objectives will be established in this area in the next CC cycle.		N	N													
Research Subtotals:																

Core Competency 4: Ethics and Standards

Core Competency & Learning Objectives	Activity	CR? (R/K/N)	Doc? (Y/N)	Peer Consult.	Practice Outcome	Prof. Activities	Board Rep.	Sup. Candidates	Sup. Grad.	Conf./ Conv.	Academic Course	Instr- uction	Pub./ Sub.	Wkshp/ Webinar	Self- Directed	Board Cert.
Learning Objective: Review RHPA requirements and professional obligations as a registrant of NSRP.	Self-Directed Learning — Read NSRP's suite of resources on RHPA requirements and reporting obligations, including the Registrant FAQ and updated Standards and Guidelines materials; available at www.ns-rp.ca. 2 hours.	N	Y												2	
Ethics & Standards Subtotals:																

Core Competency 5: Interpersonal Relationships

Core Competency & Learning Objectives	Activity	CR? (R/K/N)	Doc? (Y/N)	Peer Consult.	Practice Outcome	Prof. Activities	Board Rep.	Sup. Candidates	Sup. Grad.	Conf./ Conv.	Academic Course	Instr- uction	Pub./ Sub.	Wkshp/ Webinar	Self- Directed	Board Cert.
Learning Objective: Enhance cultural humility through reflective engagement with Indigenous community teachings.	Cultural Event — Attended Mi'kmaq cultural teaching session (by invitation of community Liaison Officer). June 7; 1.5 hours. Reflective write-up completed and retained. [Cultural Responsivity — Reflective/Reflexive]	R	Y	1												
	Workshop/Webinar — 'Working Effectively in Multidisciplinary Teams'; APNS; October 18; 1 hour.	N	Y											1		
Interpersonal Relationships Subtotals:																

Credit and Activity Summary Sheet

Transfer subtotals from each competency section above. Enter credits in the relevant columns. Cultural Responsive Credits column must total at least 2 (1R + 1K). Total Credits must be 20 or greater.

Core Competency	Peer Consult.	Practice Outcome	Prof. Activities	Board Rep.	Sup. Cand.	Sup. Grad.	Conf./Conv.	Academic Course	Instruction	Publication	Workshop/ Webinar	Self- Directed	Board Cert.	Cultural Responsive Credits		TOTAL CREDITS
Assessment & Evaluation	2										1	1				
Intervention & Treatment	1										2	1		1K		
Research																
Ethics & Standards												2				
Interpersonal Relationships	1										1			1R		
Credits Achieved / Max Allowed	/10	/5	/10	/5	/12	/6	/10	/10	/10	/10	/10	/10	/20	2R+K / min. 2	/20	22

For Office Use Only	
1. Learning Objectives in at least three Core Competency areas?	Y
2. At least 20 credits?	Y
3. Documentation included where required?	Y

4. At least 2 cultural responsiveness credits (1R, 1K)?

Y

Cultural Responsivity Reflection (Optional)

Please provide a brief reflection on how your cultural responsiveness activities have impacted your professional practice. NSRP uses this feedback to refine the program over time.

Sample response: *Attending the Mi'kmaw cultural teaching session was personally meaningful and professionally transformative. I came away with a deeper appreciation of the importance of listening, of not assuming, and of the weight of psychological practice as experienced by communities who have been harmed by institutional approaches. In my clinical work, I have become more intentional about exploring clients' cultural identities and the role these play in their wellbeing. The anti-racism workshop complemented this by giving me concrete tools to recognize how systemic factors shape the experiences clients bring to therapy.*

This is a sample completed form for illustrative purposes only. Activities, credits, and dates are fictional. For the blank form and the CC Guide, visit www.ns-rp.ca.