

Dear Registrant,

The transition to the Regulated Health Professions Act (RHPA) has brought a number of changes to how psychology is regulated in Nova Scotia. We have been working to ensure registrants have clear, practical information to support their practice under the new framework.

Today we are sharing links to four documents that address two areas where registrant obligations have been formalized or updated: practice hours tracking and disclosure of confidential personal information. These documents will also be available on the NSRP website as part of our Regulatory Guidance Library.

DOCUMENTS

[Registrant Requirements under the RHPA](https://www.ns-rp.ca/downloads/Registrant_Requirements_RHPA.pdf)

https://www.ns-rp.ca/downloads/Registrant_Requirements_RHPA.pdf

An overview of the statutory obligations that now apply to all registrants under s. 60 of the RHPA — most of which are consistent with existing NSRP expectations, but now carry the weight of legislation. Two areas represent a meaningful shift: the requirement to maintain a record of practice hours, and the formalized duty to report concerns about other health professionals.

[NSRP Advisory: PHIA Amendment Regarding Risk Disclosure \(Effective April 1, 2026\)](https://www.ns-rp.ca/downloads/Government_Legislation_Change_PHIA_disclosure.pdf)

https://www.ns-rp.ca/downloads/Government_Legislation_Change_PHIA_disclosure.pdf

A focused advisory on the removal of the word "imminent" from the disclosure threshold in the Personal Health Information Act. This broadens the circumstances under which disclosure is legally permitted and is relevant to all registrants who work with clients presenting risk.

[Considerations for Psychologists when Disclosing Confidential Personal Information](https://ns-rp.ca/downloads/Considerations_for_Psychologists_when_Disclosing_Confidential_Personal_Information.pdf)

https://ns-rp.ca/downloads/Considerations_for_Psychologists_when_Disclosing_Confidential_Personal_Information.pdf

A comprehensive guidance document covering the legislative landscape for disclosure, a clinical decision-making framework, consent form guidance, and FAQs. We encourage all registrants to review this document and keep it as a reference.

[Information for Clients and Users of Psychological Services](https://www.ns-rp.ca/downloads/Information_for_Clients_and_Users_of_Psychological_Services.pdf)

https://www.ns-rp.ca/downloads/Information_for_Clients_and_Users_of_Psychological_Services.pdf

A plain-language summary for clients explaining the limits of confidentiality. You are welcome to use this document in your practice — as a handout, part of your intake package, or a reference for client conversations.

The transition to the RHPA represents a significant step in the professionalization and oversight of health services in Nova Scotia. The NSRP is committed to providing regulatory guidance to assist registrants with this evolution.

How to Seek Guidance:

Self-Serve: Thoroughly review the NSRP Regulatory Guidance Library:

- **Centralized Standards & Guidelines:** The NSRP website features a dedicated [Standards and Guidelines](#) portal. This serves as a source for practice expectations, providing registrants with the tools to help interpret and apply standards in their daily practice.
- **Registration and Renewal Guidance:** Information regarding licensure requirements and renewal processes is maintained on the [Information for Registrants](#) page.
- **Direct Digital Communication:** Archive of [Email Updates and Announcements](#) sent to registrants in the past, ensuring that time-sensitive information — such as changes to the RHPA, renewal deadlines, and legislative amendments — is delivered directly to every registrant.

Liability & Legal: For questions regarding personal liability, legal defense, or specific court-related matters, please contact your professional liability insurance provider or legal counsel.

Practice Suggestions: If you identify a gap in our materials or would like to suggest a topic for a future practice advisory, please email the NSRP Office.

Regulatory Consultation: If you have a complex inquiry regarding the interpretation of NSRP Standards or the RHPA, you may submit a formal inquiry to the NSRP office.

Sincerely,

Matthew Wagner
CAO & Acting Registrar
Nova Scotia Regulator of Psychology (NSRP)

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